



## Premeditated Thoughts

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Dying to self is not an easy process. I want to die to self but I'm having a difficult time shaking loose premeditated thoughts (old nature) that can lead to an emotional response and not a spiritual response. Sometimes these premeditated thoughts come suddenly at other times it happens in my dreams. These are not new thoughts but I'm surprised when they show

up suddenly! I thought they were gone. I hate my premeditated thoughts and I hate the fact that self wants to whine about "poor oh me". This is not what I want. "When the thoughts come what affect do they have over you?"

I really want to die to self. But I don't know how to get rid of the thoughts that seem to



*"The more I say I want to die the more death approaches from all sides"*

haunt me. The more I say I want to die the more death approaches from all sides. How do I allow God to change my

### Special points of interest:

- The more I say I want to die the more death approaches from all sides
- The spirit man strives for perfection in every area of my life
- Some things you die to quickly and others you die to over time
- No mixing of God's Word with what we want or how we see

## Caught between A Rock and A Hard Place

thought process? How do I find rest? I feel as if I'm caught between a rock and a hard place. Die and Die some more! I know the Word

says let this mind be in you which is also in Christ Jesus and I understand that my mind is to be renewed daily through Christ. I thought

by separating myself physically, mixing the word with faith, and loving the Lord with all my heart would be enough. Why am I not dying or is

## How Do I Stop the Thoughts

**this the dying process?**

There is a tremendous tug of war going on inside as if I am facing my final death. Self is trying desperately to save itself and remove me from the presence of God where as the Spirit of God has not allowed the flesh to have the final

word. I don't want to leave the Lord. But I'm afraid that if I don't die now my fear of leaving will become a reality. I have surrendered unto God. I don't know what else to do! I believe there is no graceful way to die and that death is painful and can be vio-

lent. The spirit man strives for perfection in every area of my life (i.e., emotions, attitude, motive, thoughts etc.) I believe this is part of the Christian walk. **I WANT SELF DEAD HOW DO I STOP THE THOUGHTS?**



*"The spirit man strives for perfection in every area of my life."*

## Dear Sagacity Reader

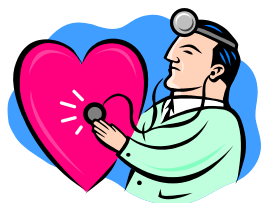
*First of all you are dying to self. The second thing is some things you die to quickly and others you die to overtime, while others it just takes God's grace to keep you from slipping. When thoughts come, and they will come because they are a form of attack, it is*

*not their coming that matters but our response when they do. **How do you react when the thoughts come? Do you entertain them and even to a point enjoy them?** The scripture lets us know in Genesis 8:21 that the imaginations of man's heart is evil from his youth*

*this means because of the sin nature that is being transformed into the divine nature we are still capable of evil thinking. Likewise, we are still capable of entertaining evil thinking. In part, we entertain what may still be in us such as lust, pride, and envy. You*

**"Some things you die to quickly and others you die to over time, while others it just takes God's grace to keep you from slipping"**

## Reflect Deep



*"We have to reflect deep to see if we have been treating symptoms..."*

*have already taken the first step in finding rest in this area, which is to admit that you are not at peace. The next thing is self examination of self and that means if you have to say to the Lord yes I have a problem with old na-*

*ture in this area and I think I am this and people are that then just be real with God. We have to reflect deep to see if we have been treating symptoms or the problem. By physically removing yourself does not change who you are internally.*

*This is just trying to suppress something that may have not been really dealt with. The next thing is to be quick to destroy false images in your mind. The false images are those in contradiction to God. Kill them quickly and with a*

## Cast Down Imaginations

vengeance. II Corinthians 4-5 tells us that we should cast down imaginations that try to exalt themselves above the knowledge of God. Moreover, in verse 6 it says to revenge all disobedience when your obedience is fulfilled. Images in your mind are idols trying to form themselves and set-up shop in your temple. You have to cut them off in the formation

stage.

*I pray for the Lord to keep me all the time. I pray to have his strength; I pray not to return back to the things I was. I know that God is working in me because the enemy is constantly attacking me, but I am steadily calling on the name of Jesus. I believe that if I were not consistent to apply the Word, "resist the devil and*

*he will flee," then I would give into many idols. Yet, the spirit in me says don't go there, rebuke that, read more, pray more, and I am doing those things quicker.*

*In a fast paced spiritual war you cannot be slothful in countering the enemy. You and I must be swift and decisive to use our weapons of warfare. Guard your mind against*



*You and I must be swift and decisive to use our weapons of warfare*

## Lay Before Him

*whims and false doctrines. Hold fast to the truth and don't let evil thoughts consume your heart. It is by the clean and pure word that you came to Christ; keep it pure before and in you. There is no mixing of God's word with what we want or how we see. You*

*are on the verge of a great breakthrough in your understanding and knowledge of truth. Continue to lay before Him and follow the still voice.*

*Your Pastor Friend*

**"There is no mixing of God's Word with what we want or how we see"**

## A Special Thank You

God is so very awesome to have placed each of you in the life of Talk It Up Communications. Through your love, support and prayers you have helped to edify the body of Christ for the glorification of Jesus. Thank you ALL!  
To God Be All The Glory!

Mayor Robert Lowery Sr. thank you for your support.

Mr. & Mrs. Barnes my butler, baker, and Pharaoh!

Evangelist Faye Mosby Your giving is more than enough!

HOHM YOUR LOVE TOUCHED MY SOUL!

Melissa we thank God for the GIFT!

MOM thanks for being there.

Pastor D. Bailey you prayed life back into a dying soul!

Jonathan, my dear son Thank YOU for your great patience and seeing the VISION!



*God's Grace and Mercy has brought us through!*

Sagacity Readers<sup>SM</sup>



*God's Grace and Mercy has brought us through!*

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MAKING ABSTINENCE POPULAR<sup>SM</sup>



## Our Mission

*Making Abstinence Popular<sup>SM</sup> as a non-profit organization.*

Talk It Up Communications<sup>TM</sup> is a Christ centered organization that empowers families with the communication skills and confidence to talk about sex, pregnancy and relationships. To raise the level of awareness that sexual abstinence outside of marriage is not only possible but it is 100% safe all the time.

## Scriptural Basis

*The Need for Talk It Up Communications<sup>TM</sup> is based on Matthew 11:28*

*“Come unto me, all ye that labor and are heavy laden, and I will give you rest.”*

*To schedule an Abstinence Presentation CALL  
314-838-4600*

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